

CURRICULUM VITAE
MARK TODD WHEATON, MD

PERSONAL DATA

Birth Place: Minneapolis, Minnesota
Marital Status: Married

CURRENT PRACTICE

Business Office / Clinic Site:
Lakeside Sports and Pain Clinic
21920 Minnetonka Blvd.
Excelsior, MN 55331
Phone: (952) 593-0500
Fax: (952) 593-4005
E-mail: info@drmarkwheaton.com
Website: www.drmarkwheaton.com
NPI: 1427169812

Clinic Site:
19 3rd Avenue NE
Menahga, MN 56464
Phone: 218-564-4200
Fax: 218-564-5711

**POST-DOCTORATE
TRAINING**

Fellowship, Sports Medicine, Physical Medicine and Rehabilitation
Southern California Orthopedic Institute, 1993

Residency, Physical Medicine and Rehabilitation
Loma Linda University Medical Center, California, 1989-1992

Internship, Internal Medicine
Loma Linda University Medical Center, California, 1988

EDUCATION

Medical School:
George Washington University Medical School
Washington, D.C.
Doctor of Medicine, 1987

Undergraduate:
University of Minnesota
Minneapolis, Minnesota
BA, Physiology, 1981

High School:
Minnetonka High School
Minnetonka, Minnesota, 1976

CERTIFICATION

Board Certified in Physical Medicine and Rehabilitation
American Board of Physical Medicine and Rehabilitation
Rochester, Minnesota, June 1999. Re-certified in 2009.

CPR for the Professional Rescuer: 2009-2010, 2007, 2000, 1999, 1998

MEDICAL LICENSES

State of Minnesota - 32449 (current)
State of Wisconsin – 36534-020 (*inactive*)
State of California - G67614 (*inactive*)

HOSPITAL APPOINTMENTS

Fairview Southdale Hospital
6401 France Avenue South
Edina, MN 55435

MEMBERSHIPS

American Association of Orthopaedic Medicine, 2010
American Academy of Physical Medicine & Rehabilitation, 2007
American Society of Interventional Pain Physicians, 2004
Minnesota SportsCare, 2001
American College of Sports Medicine, 2001
Hennepin Medical Society, 2000
International Spinal Injection Society 1997

RESEARCH

Do Exercises Performed During Rehabilitation Following Anterior Ligament Reconstruction Cause Anterior Knee Pain? A Study of Normal Knees
Co-Author: Marc J. Friedman, MD, 1993

PUBLICATIONS

The Ligament Injury Connection to Osteoarthritis
from *Journal of Prolotherapy*, Volume 2, Issue 1, February 2010

Prolo Your Pain Away, 2nd Edition – Foreword
By Ross Hauser, MD and Marion Hauser, MS, RD
Beulah Land Press, 2004

Prolo Your Sports Shoulder Pain Away: Chapter 18
from *Prolo Your Sports Injuries Away*
Ross Hauser and Colleagues in the Sports Medicine Field
Beulah Land Press, 2001

Prolotherapy & Sports Injuries: A Case Study
Minnesota SportsCare Newsletter; Volume 2, Issue 1, Spring 2000

Unusual Radiologic Findings Presenting as Stingers: A Case Study
Sideline View: Institute for Athletic Medicine, 1997

Overuse Injuries of the Lower Extremities
Orthopaedic Knowledge Update: Sports Medicine, 1994

PRESENTATIONS

Prolotherapy: The Natural Solution for Pain
University of Minnesota Medical School
Minnesota, July 2006

Prolotherapy: The Natural Solution for Pain
Metropolitan Professional Pharmacist Society
Minnesota, October 2005

Prolotherapy: The Natural Solution for Pain

Community Presentation; Emmanuel Nursing Home
Detroit Lakes, Minnesota, July 2005

Prolotherapy: The Natural Solution for Pain
CompRehab
Bloomington, Minnesota, July 2000

Prolotherapy: The Natural Solution for Pain
Lifeline Monthly Meeting
Richfield, Minnesota, May 2000

Prolotherapy: The Natural Solution for Pain
Health and Wellness Expo
St. Paul, Minnesota, March 2000

Introduction to Prolotherapy
Autonomic Nervous System Dysfunction Seminar
Sanibel, Florida, May 1999

The Use of Non-Traditional Medical Treatments
1998 Minnesota Worker's Compensation Deskbook Seminar
Minneapolis, Minnesota, September 1998

Prolotherapy: An Exceptional Treatment for Chronic Pain
Minnesota Chiropractic Association
Alexandria, Minnesota, April 1998

Prolotherapy: An Exceptional Treatment for Chronic Pain
Minnesota Trail Lawyers Association
Minneapolis, Minnesota, April 1998

Prolotherapy: An Exceptional Treatment for Chronic Pain
American Physical Therapy Association
St. Paul, Minnesota, March 1998

Mechanisms of Shoulder and Knee Injuries
Woodlake Medical Seminar
Bloomington, Minnesota, April 1997

An Overview of Electromyography (EMG)
NovaCare Physical Therapists
St. Paul, Minnesota, April 1997

Introduction to Physiatry and Its Application Today
Minnesota Orthopaedic Specialists
Minneapolis, Minnesota, September 1996

What are Shin Splints, Anyway?
USTA Sports Science for Tennis, Spring 1994

*Do Exercises Performed During Rehabilitation Following Anterior Cruciate
Ligament Reconstruction Cause Anterior Knee Pain? A Study of Normal Knees*
1993 Fellowship Presentations
Van Nuys, California, July 1993

Lumbar Spine Biomechanics as Applied to Pathologic Conditions in Athletes
California State University, Northridge
Northridge, California, April 1993

EMG Analysis of the Upper Extremity Muscles Used in Throwing
Loma Linda University Medical Center
Loma Linda, California, June 1992

The Shoulder in the Overhead Throwing Athlete
Loma Linda University Medical Center
Loma Linda, California, June 1991

*A Current Review of the Diagnosis and Treatment
of Stress Fractures in the Athlete*
Loma Linda University Medical Center
Loma Linda, California, June 1990

PROCEDURES

Prolotherapy
Neural Therapy
Neurotransmitter Supplementation
Botox Therapeutic
Electromyography (EMG) / Nerve Conduction Studies (NCS)
Electrotherapy
Epidural Injections
Joint Injections
Trigger Point Injections

SPORTS COVERAGE

Team Physician – Orono High School Football, 2003
Team Physician – Orono High School Football, 2002
Team Physician – Orono High School Football, 2001
Ultimate Wrestling, 2001
Team Physician – Orono High School Football, 2000
USA Cup Soccer Tournament, 2000
Team Physician – Orono High School Football, 1999
USA Cup Soccer Tournament, 1999
State High School Tournament for girl's hockey, 1999
Team Physician – Twin Cities Vulcans (United States Hockey League), 1998
Team Physician – Orono High School Football, 1998
USA Cup Soccer Tournament, 1998
State High School Tournament for girl's and boy's hockey, 1998
State High School Tournament for girl's swimming, 1997
Team Physician - Orono High School Football, 1997
USA Cup Soccer Tournament, 1997
State High School Tournament for girl's and boy's track, 1997
State High School Tournament for girl's and boy's hockey, and
boy's basketball, 1997
Team Physician Alternate – Arctic Blast (professional rollerhockey), 1996
Team Physician - Minnetonka High School Football, 1996
Team Physician - Orono High School Football, 1996
State High School Tournament for: boy's soccer, girl's swimming, 1996
USA Cup Soccer Tournament, 1996
Team Physician - Los Angeles Blades (professional rollerhockey), 1993, 1994
Team Physician - Los Angeles Strings (professional team tennis), 1993
Team Physician - Los Angeles United (professional indoor soccer), 1993

COURSES

Orthopaedic Medicine – Restorative Injection Therapies for the Back, Pelvis, and
Lower Extremities
American Board of Quality Assurance and Utilization Review Physicians, Inc.
August 2010

Interventions in Chronic Pain Management
American Academy of Physical Medicine and Rehabilitation
2008 Self-Directed Physiatric Education Program Study Guide

Congenital and Acquired Brain Injury
American Academy of Physical Medicine and Rehabilitation
2008 Self-Directed Physiatric Education Program Study Guide

High Performance Weight Loss and Associated Neurotransmitter Diseases
Texas Academy of Family Physicians
May 2008

Chronic Pain as a Chronic Disease: The Role of Long-Acting
Opioids in Disease Management
Johns Hopkins Self-Study Course
May 2008

Opioid Risk Management: Unmet Needs, Risk Assessment,
and Emerging Strategies
Johns Hopkins Self-Study Course
April 2008

Cardiopulmonary Rehabilitation and Cancer Rehabilitation
American Academy of Physical Medicine and Rehabilitation
2008 Self-Directed Physiatric Education Program Study Guide

Limb Deficiency and Prosthetic Management
American Academy of Physical Medicine and Rehabilitation
2008 Self-Directed Physiatric Education Program Study Guide

Chronic Pain, Addiction and The Law
Dannemiller Memorial Educational Foundation
November 2007

Rehabilitation of Orthopedic and Rheumatologic Disorders
American Academy of Physical Medicine and Rehabilitation
2007 Self-Directed Physiatric Education Program Study Guide

Neuromuscular Rehabilitation and Electrodiagnosis
American Academy of Physical Medicine and Rehabilitation
2007 Self-Directed Physiatric Education Program Study Guide

Innovations in the Management of Osteoarthritis Pain:
Tailoring Patient Care - Part 2
Medical Education Resources, Inc
June 2007

Innovations in the Management of Osteoarthritis Pain:
Tailoring Patient Care - Part 1
Medical Education Resources, Inc
June 2007

Mastering the Master Neurotransmitter in Clinical Practice
Medical Education Collaborative
Philadelphia, PA, April 29, 2006

Integrating Viscosupplementation into a Comprehensive Osteoarthritis Treatment
Program, Johns Hopkins Medicine Webcast 3716-LS-29, June 2005

Practice with the Experts: Strategies for Pain Management
with Botulinum Neurotoxin Therapy
Johns Hopkins Medicine Continuing Medical Education
Minneapolis, MN, June 2005

Pain and Substance Abuse: Recognizing the Potential for Misuse
and Diversion
MediCom Worldwide, Inc
Minneapolis, MN, September 2004

Sports and Performing Arts Medicine and Related Focused Reviews
American Academy of Physical Medicine & Rehabilitation
2004 Self-Directed Physiatric Education Program Study Guide

Stroke and Neurodegenerative Disorders
American Academy of Physical Medicine & Rehabilitation
2004 Self-Directed Physiatric Education Program Study Guide

Evaluation and Management of Excessive Daytime Sleepiness
Health Science Center for Continuing Medical Education
Minneapolis, MN, April 2004

Emerging Concepts in the Diagnosis and Treatment of Pain
American Academy of Physical Medicine & Rehabilitation
New Orleans, Louisiana, April 2004

Clinical Manifestations and Treatment Options
for Chronic Non-Malignant Breakthrough Pain
Dannemiller Foundation
CD ROM Interactive Course, November 2003

Strength Training for Children and Adolescents
American College of Sports Medicine, November 2003

Preparing Active Patients for International Travel
American College of Sports Medicine, November 2003

Degenerative Lumbar Spinal Stenosis : Options for Aging Backs
American College of Sports Medicine, October 2003

Issues in Pain Management: A Case-Based Approach
Dannemiller Foundation
CD ROM Interactive Course, October 2003

New Directions in the Treatment of Musculoskeletal Pain
Medical Education Resources, September 2003

Interventions in Chronic Pain Management
American Academy of Physical Medicine and Rehabilitation
Archives Written Examination, May 2003

Congenital and Acquired Brain Injury
American Academy of Physical Medicine and Rehabilitation
Archives Written Examination, May 2003
Clinical Practice Perspectives:
Botulinum Neurotoxins where are we now?
Johns Hopkins University School of Medicine
Enduring Material Course, June 2002

Neuropathic Pain: Insights into the Spectrum and Innovative
Approaches to Treatment
Dannemiller Foundation

CD-ROM Interactive Course, June 2002
Neuromuscular Rehabilitation and Electrodiagnosis
American Academy of Physical Medicine & Rehabilitation
Archives Written Examination, April 2002

Rehabilitation of Orthopedic and Rheumatologic Disorders
American Academy of Physical Medicine & Rehabilitation
Archives Written Examination, April 2002

Industrial Medicine and Acute Musculoskeletal Rehabilitation
American Academy of Physical Medicine & Rehabilitation
Archives Written Examination, April 2002

Spinal Cord Injury Medicine
American Academy of Physical Medicine & Rehabilitation
Archives Written Examination, April 2002

Alternative Women's Health 512
American Health Consultants
Internet Course, February 2002

Understanding the Hidden Risks of Extravasation Injuries
American Health Consultants
Internet Courses, February 2002

Headache, Primary Care 601 and Good Samaritan Laws
American Health Consultants
Internet Courses, February 2002

Sports Medicine 404, 409, 507, 508, and 509
American Health Consultants
Internet Courses, February 2002

Alternative Medicine 508, 601, 510 and 512
American Health Consultants
Internet Courses, February 2002

Rehabilitation Sports Medicine XIV: Sports-Specific Functional
Rehabilitation Controversies in Running-Related Sports
Northwestern University Medical School
Chicago, Illinois, December 6-8, 2001

Managing Pain in Patients with Multiple Health Problems
Pragmatism Office of Medical Education
Teleconference, November 2001

Weighing the Evidence: Are the Renal Effects of NSAIDs
and Coxibs Different?
Pragmatism Office of Medical Education
Teleconference, November 2001

Sports Medicine
American Health Consultants
Internet Course, November 2001

Vasopressin vs Epinephrine in ACLS Resuscitation
American Health Consultants

Internet Course, November 2001

Critical Care 509
American Health Consultants
Internet Course, November 2001

Critical Care 510
American Health Consultants
Internet course, November 2001

Alternative Women's Health 509
American Health Consultants
Internet course, November 2001

Chronic Pain of Spinal Origin:
Accurate Diagnosis and Comprehensive Care
American Academy of Orthopaedic Medicine
Amelia Island, Florida, May 2000

Alternative Medicine Alert, Volume 2, Issues 14-22
Correspondence Course, May 2000

Spinal Injection Workshop and Pain Management Seminar
Educational Programs Division
California Society of Anesthesiologists, May 1999

6th Conference on Retroviruses and Opportunistic Infections
Medical Education Collaborative

18th Review Course in Physical Medicine and Rehabilitation
University of Washington School of Medicine
Seattle, Washington, March 1999

Alternative Medicine Alert, Volume 1, Issues 7-14
Correspondence Course, January 1999

Alternative Medicine Alert, Volume 1, Issues 1-6
Correspondence Course, October 1998

American Academy of Physical Medicine and Rehabilitation,
Law School for Physicians
Chicago, Illinois, May 1998

American Association of Orthopaedic Medicine, Sports Medicine:
Latest Advances and Anti-Aging Concepts;
Las Vegas, Nevada, February 1998

George S. Hackett Foundation, Basic and Advanced Hackett
Prolotherapy;
Wisconsin, November 1997

American Academy of Electrodiagnostic Medicine, Annual Conference
Chicago, Illinois, March, 1997

American College of Sports Medicine, Team Physician Course;
Ponte Verda, Florida, February 1997

Northwestern University Medical School, Rehabilitation Sports Medicine;
Chicago, Illinois, December 1996

Mayo Clinic, 6th Annual Mayo Clinic Symposium on Sports Medicine;
Rochester, Minnesota, November 1996

American Academy of Physical Medicine & Rehabilitation,
Annual Meeting;
Chicago, Illinois, October 1996

George S. Hackett Foundation, Basic and Advanced Hackett
Prolotherapy;
Chicago, Illinois, October 1996

American Academy of Orthopaedic Surgeons, 60th Annual Meeting;
San Francisco, California, February 1993

American Academy of Physical Medicine & Rehabilitation,
Annual Meeting;
Washington D.C., October 1991

Sports Medicine for the Primary Care Physician;
Vail, Colorado, March 1991

VOLUNTEER OPPORTUNITIES

Beulah Land Natural Medicine Clinic, Thebes, IL

July 16-17, 2004; April 23-24, 2004; January 30-31, 2004;
October 17-18, 2003; July 18-19, 2003; April 25-26, 2003
January 17-18, 2003; October 11-12, 2002; July 19-20, 2002
April 26-27, 2002; January 1-2, 2002; October 26-27, 2001;
January 19-20, 2001; April 27-28, 2001, July 20-21, 2001
July 21-22, 2000; January 21-22, 2000; October 1-2, 1999
July 23-24, 1999; April 16-17, 1999; January 22-23, 1999;
October 16-17, 1998; July 24-25, 1998; March 20-21, 1998;
January 23-24, 1998; October 13-14, 1997; July 11-12, 1997

ATHLETICS

Men's Varsity Tennis, University of Minnesota, 1976-1981

Honors Received:

Four-year Letterman, 1977, 1978, 1979, 1981

Big Ten Conference Doubles Champion, 1981

Williams Memorial Scholarship Award, 1976-1981

Coach for Touring Tennis Professional, David Wheaton
1989-2004

1988-1989: Full-time on ATP tour

INTERESTS

Tennis, hockey, golf, cycling, cross-country skiing, sailing, travel, family

REFERENCES

Ross Hauser, MD
Caring Medical & Rehabilitation Services
715 Lake Street, Suite 600
Oak Park, IL 60301
(708) 848-7789

Owen O'Neill, M.D.
Minnesota Orthopaedic Specialists
Burnsville Medical Center, Suite 102
14000 Nicollet Avenue South
Burnsville, MN 55337
(952) 455-2008

Murray E. Brandstater, MBBS, PhD
Chairman and Director
Department of Physical Medicine and Rehabilitation
Loma Linda University Medical Center
11234 Anderson St.
Loma Linda, CA 92354
(909) 824-4009